TRAVEL+ LEISURE

12 Best Couples Retreats to Bring You Closer Than Ever

Enjoy a relationship reset on one of these spectacular getaways.

By Perri Ormont Blumberg | Updated on January 27, 2023

If the turmoil of the past few years has put a strain on your relationship, you're not alone. But we're optimistically looking forward and sharing how you can reconnect with your partner in a positive way by <u>traveling</u>. Get away together to find a little peace and connection on these couples retreats that will have you falling in love all over again.

Couples Retreat at Shou Sugi Ban House



PHOTO: FREDRIKA STJARNE/COURTESY OF SHOU SUGI BAN HOUSE

Let your love flourish in the Hamptons at this <u>couples retreat</u> at the minimalist modern sanctuary that is <u>Shou Sugi Ban House</u>. During this program, lovebirds will engage in morning movement classes and be spoiled with a nightly soak in their tub complete with organic chocolate, rose quartz, and signature flowers. Speaking of the soaking tub, your digs also include a fireplace and garden patio to round out the cozy, romantic feeling. To your stay, add on experiences like a multi-sensory sound bath ritual with tuning forks, gongs, and Himalayan crystal bowls or a healing crystal experience involving the touch-based healing technique of Reiki, sacred oils, and crystal stones. The retreat itinerary starts at \$1,295 per couple per night including guest studio accommodations. While in town, be sure to check out the fabulous permanent collection and rotating exhibits at the <u>Parrish Art Museum</u>, which is a two-minute walk from the property.