

Winter *Wellness* Wonderland

We've gathered the most luxurious winter spa retreats in the world that are elevating the definition of relaxation.

LAURA CORRIGAN O'CONNELL



Shou Sugi Ban House Spa

WATERMILL, NEW YORK

Just 90 miles from New York City, Shou Sugi Ban House is the ultimate winter retreat from the bustle of the city that never sleeps. Here, guests can slip into the more idyllic side of life where the focus is on nature and everyone's connection to it. Inspired by Japanese principles of openness and exploration, this spa is completely rooted in the connection to the natural world, offering rituals that draw from the curing properties of nature, including the ocean, natural flora and herbs. As the only comprehensive wellness program in the Hamptons offering hydrotherapy, holistic living, meditation



and more, this 13-room spa provides complete body rejuvenation. Following the natural rhythm and complex alchemy of the elements, each therapy is crafted to create a space for guests' individual desires for exploration, transformation and harmony. As an added reprieve from city life, enjoy the property's zen-like relaxation lounges and peaceful solarium deck post-treatment. To make a weekend out of it, their overnight retreats offer an integrated way to experience the property, allowing guests to create a custom multi-day ritual of winter wellness away from the city. ShouSugiBanHouse.com