

Condé Nast Traveler



DESTINATIONS

The Best Places to Travel in May, from Nova Scotia to Sicily

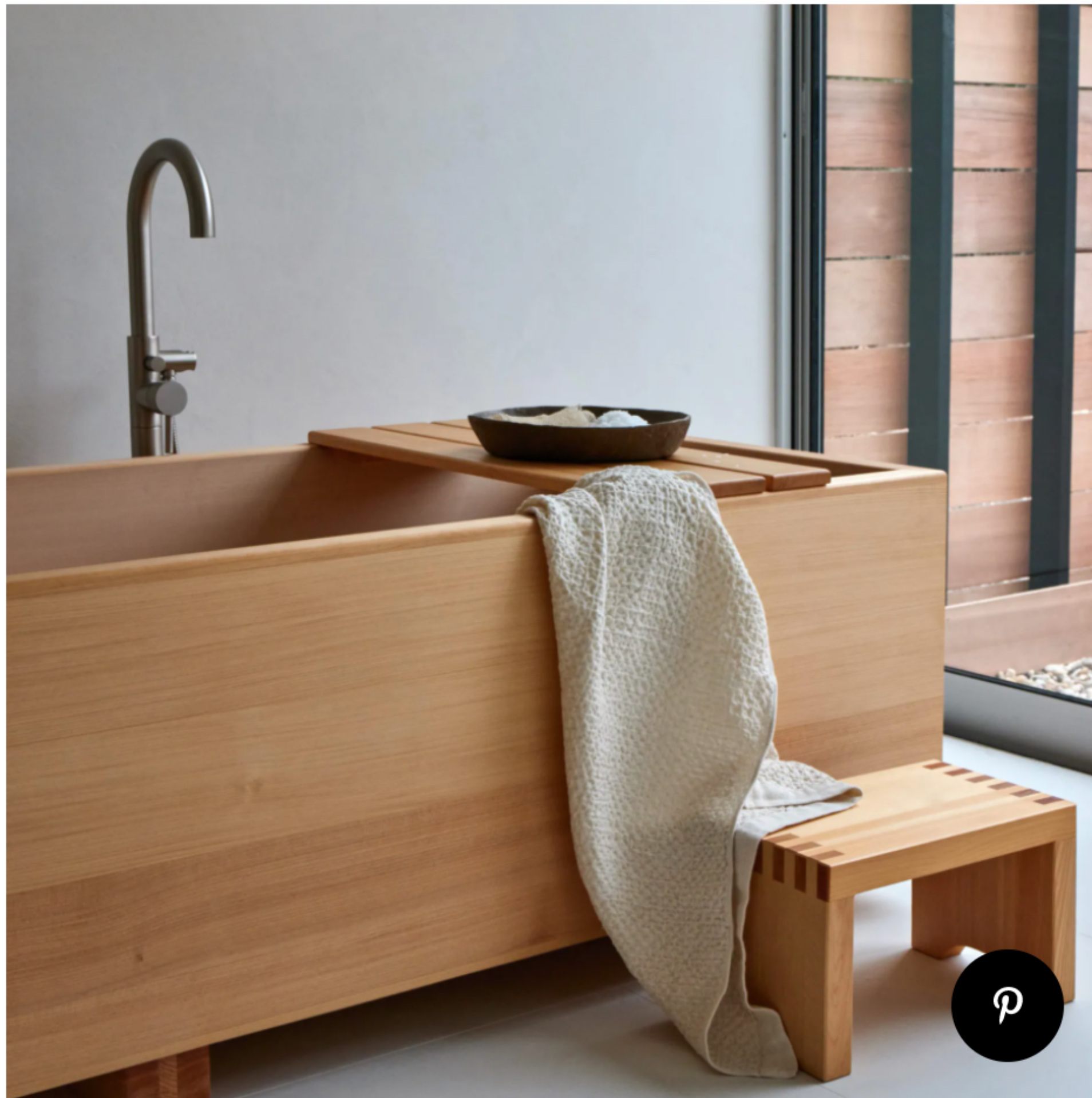
Beat the summer crowds without sacrificing great weather.

BY CAITLIN MORTON

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May is one of our favorite times to roam the world. The weather is usually ideal no matter where you go, and the crowds are much thinner than during the summer months. Plus, its position between **spring break** and summer vacation makes for a nice window of time begging to be filled with a trip.

But where to go? Whether you want to experience some of America's best under-the-radar cities, soak up the sun in Sicily, or even squeeze in a safari in Zambia, these are the 11 best places to travel in May.



Fredrika Stjarne

The Hamptons, New York

[The Hamptons](#), a string of towns along the easternmost shore of Long Island, is so much more than a summer destination. Visit in the early weeks of May to beat the Memorial Day crowds, and enjoy non-beach activities like visiting the [Parrish Art Museum](#), sipping wine at [Fresno Restaurant](#)'s outdoor rosé garden, and hiking through Montauk Point State Park.

Another compelling reason to visit the Hamptons is to book a room at [Shou Sugi Ban House](#), an incredibly chic wellness retreat that opened in Water Mill in 2019. The hotel is zen personified, with Buddha statues greeting you at the front gate, steaming bowls of congee for breakfast, and 13 standalone villas with Japanese wooden soak tubs. Hydrotherapy spa treatments and tea ceremonies are icing on the relaxation cake.