



READERS' CHOICE AWARDS

# The Best Spa Resorts in the U.S. & Around the World: 2020 Readers' Choice Awards

*The places that stayed with you in a year when travel may have been out of reach.*

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“Wellness” may be a trendy buzzword—and a multi-trillion-dollar industry—but at these soothing and invigorating retreats, some of the best spa resorts in the U.S. and around the world, it’s the real deal. Our readers chose some decades-old pioneers in the spa world, who have continued to innovate, alongside some of the vanguards who are viewing vitality in entirely new ways. For our 33rd annual **Readers’ Choice Awards** survey, voters weighed in, and the impressive number of 2020 results was especially exciting for us—we’re ever curious about where you go and what you loved, not to mention, what you’ve continued to dream about long after you’ve returned home. Here are the 30 destination spa resorts you loved most this year.

*Find the full list of the top spa resorts in the U.S. [here](#), and the top spa resorts in the world [here](#).*



HOTEL

## 11. Shou Sugi Ban House — Water Mill, New York →

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The first wellness retreat in the Hamptons has a kick-off-the-espadrilles-and-down-a-tumeric-juice carefreeness, because its philosophy is thrillingly simple: Focus on the basics of self-care by tapping into what cofounder Amy Cherry-Abitbol likes to call intuitive wellness. It's just what high-strung visitors to the area need. The point of **Shou Sugi Ban House** isn't to break anyone down, military- or medical-style, but rather to create a space—in sun-flooded barns and blond-wood studios with deep-soaking Japanese tubs—that is a recipe for happiness. There's gentle morning yoga and strolls on the beach, though if lounging by the pool feels like the right speed, that's fine too. The point is to indulge in all the things that are good for us (including that third slice of Danish seeded bread with plum preserves at breakfast), so that we can learn to live the way we all want to—and feel better for it.