



Escape for a few days of pampering at one of these luxury spas, in the Hamptons and beyond.

Weekend getaway: The 8 best luxury spas close to NYC

By [Alev Aktar](#)

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Rest and recharge at one of these luxurious desination spas, all just a quick drive or train trip from New York City.

SHOU SUGI BAN HOUSE; WATER MILL, NY



Shou Sugi Ban House

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Shou Sugi Ban House is a beautifully balanced zen oasis in the middle of the Hamptons. The 13-room retreat has a Japanese-inspired focus on intuitive wellness and nature, and self-care options include everything from craniosacral therapy and hydrotherapy to sound baths, body wraps, shamanic healing, yoga and laps in the salt pool. Meals developed by Michelin-starred chef Mads Refslund are locally sourced and plant-based (and alcohol-free). There are no TVs in the serene guest studios, just space for contemplation. **Rooms from \$1,100 (single occupancy); *Shou Sugi Ban House***