

VERANDA

These 23 Idyllic Destinations Are Perfect for Your Next Wellness-Inspired Getaway

Because a restorative retreat in your personal slice of paradise is just what 2021 needs.



BY LAUREN WICKS JAN 22, 2021



Is it just us, or is finding peace of mind in our lives getting more difficult by the day? While we are all about discovering the romance in our daily lives— like nurturing a vibrant garden or watching the day's last moments of natural light stream in through the window as we enjoy a cocktail—there's nothing like embarking on a getaway to our own versions of paradise, be it the beach, mountains, jungle, or countryside.

We've done our research to uncover the world's most luxurious, restorative retreats. From far-flung spa experiences in the Himalayan foothills to road trip-able getaways that immerse you in nature, these fabulous escapes offer something for every type of rejuvenation-seeker. Just make sure to do your research before traveling to these locales in light of coronavirus-related restrictions if you are planning a trip in the near future.



Shou Sugi Ban House: The Hamptons, New York

A relative newcomer to the wellness world, [Shou Sugi Ban House](#) offers the best elements of Eastern design, cuisine, and healing in a gorgeous compound on pristine Atlantic shores. This tranquil sanctuary offers everything guests need to restore balance and build habits to last beyond a weekend, with culinary classes, seasonal workshops, and a variety of movement classes to help you upgrade your daily regimen. This luxurious, wabi sabi–inspired property features guest studios equipped with private fireplaces, soaking tubs, and garden patios to ensure your stay is restorative at every moment.