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THE BESTS

The Best Fall Getaways From NYC

The urban jungle may not have the fall foliage you're looking for.

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With many people taking road trips as a way to chase away the pandemic blues, fall is a great time to get out of town and surround yourself with nature. It's time for changing leaves, cooling temperatures, and an opportunity to stretch into the wide open spaces [New York City](#) tends to lack. These cozy digs come with easy access from the city by train or car, and are all very doable weekend trips—though if you decide to stay longer, we wouldn't blame you. Here are the best fall getaways from New York City.



Shou Sugi Ban House, Water Mill, NY

What to know: This [13-studio](#) spa and wellness retreat inspired by the principles of wabi-sabi (acceptance of transience and imperfections) debuted in May 2019, and is centered on wellness. Offerings include sound healing, yoga, and hikes on the beach. All meals are designed by the co-founder of [Noma](#) in [Copenhagen](#), Mads Refslund, who created plant-rich menus with the property's resident nutritionist.

How to get there: Take I-495 East all the way to Montauk Highway, about a two-hour car ride from the city, or take the LIRR to the Southampton train station, about a 40-minute train ride.

What to do: Admire the floor-to-ceiling windows and the white oak Kobe-style bed made by the local firm, All Things Dirt, and soak your stresses away in the deep Japanese soaking tubs. Detox with a culinary retreat that debuted in September, led by Refslund that includes cooking demonstrations, workshops, and excursions interspersed with yoga and wellness walks. There are also foraging excursions and microgreens workshops. The hotel is four miles from Cooper's Beach and next door to the [Parrish Art Museum](#) that has more than 3,000 works of art.