

The Best Places to Go in September

Where to (safely) say goodbye to summer and usher in the fall season.



BY LEENA KIM — AUG 19, 2020



While the summer months often take center stage with their promise of long, sunny days and endless outdoor pursuits, from [beaches](#) to alfresco dining, there is a case to be made for September being one of the best months for travel. Post-Labor Day, the crowds are generally thinner while the weather is wonderful, still plenty warm during the day but with hints of that brisk autumnal air on the horizon. With the coronavirus pandemic, it's still particularly [difficult for Americans to travel](#) outside of country borders, but the good news is that the U.S. is a treasure chest of great destinations and September is the perfect time to experience them. Here are our top picks for a domestic getaway.

Water Mill, New York



FREDRIKA STJARNE FOR SHOU SUGI BAN HOUSE

The Hamptons were in the news quite a lot this summer for the misbehaviors of the 1%, who first flocked there when the pandemic broke out in NYC, then participated in all manner of coronavirus rule-flouting revelry. But there are ways to avoid the 'scene' on the East End, most notably at Water Mill's [Shou Sugi Ban House](#), an ultra-zen 13-room spa and wellness retreat that provides just the right antidote to all that Hamptons decadence. From September 17-20, chef Mads Refslund—who co-founded Noma, the innovative Copenhagen restaurant with a cult following—is leading a culinary retreat with an itinerary of foraging excursions, cacao ceremonies, and plant-based workshops to supplement the resort's usual programming (aka yoga, beach walks, sound baths, the spa).

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