

REMODELISTA

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Shou Sugi Ban House: A Japanese-Inspired Wellness Retreat in the Hamptons

by Julie Carlson | Published: November 5, 2019

Set on three woodland acres bordering the Parrish Art Museum in Water Mill, [Shou Sugi Ban House](#) is an understated but luxe “holistic healing retreat,” according to the inn’s website. Founded by longtime friends Amy Cherry-Abitbol (a former lawyer who lived in Japan for several years) and Kathleen Kapnick (who became interested in alternative medicine while living in Europe), the 13-room retreat encompasses a tea lounge, meditation hall, Japanese-inspired gardens, and a restaurant with hyperseasonal cuisine by Jacob Clark.

Photography by [Fredrika Stjarne](#), courtesy of [Shou Sugi Ban House](#).



Above: The compound was designed by architect [Debbie Kropf](#), a longtime Hamptons resident.



Above: New York City landscape designer [Lily Kwong](#) oversaw the landscaping, which features “winding pathways, reflective pools, fountains, and a landscape inspired by the local dunescape and Japanese gardens,” according to the website. The firebowl is from [Fire Features](#).



Above: A monumental stone table with benches is set for outdoor dining.



Above: The communal area is located in a barn-like space.



Above: A quiet corner in the living area (for sourcing ideas, go to [10 Easy Pieces: The New Pale Leather Lounge Chair](#)).



Above: A wabi sabi still life.



Above: The tea-tasting lounge.



Above: A long dining table for intimate dining.



Above: The hotel's bedrooms have neutral, soothing palettes and white-oak Kobe-style beds custom made by local artisan Scott Murphy, with organic cotton linens from [Coyuchi](#) (for sourcing ideas, go to [10 Easy Pieces: Wood Platform Bed Frames](#)).



Above: Each room has a private Hinoki wood soaking tub (for ideas, see [10 Favorites: Japanese-Style Bathtubs Around the World](#)).