

## Inside Shou Sugi Ban House

A new wellness center in Water Mill, N.Y.,  
marries Japanese and Scandinavian aesthetics.



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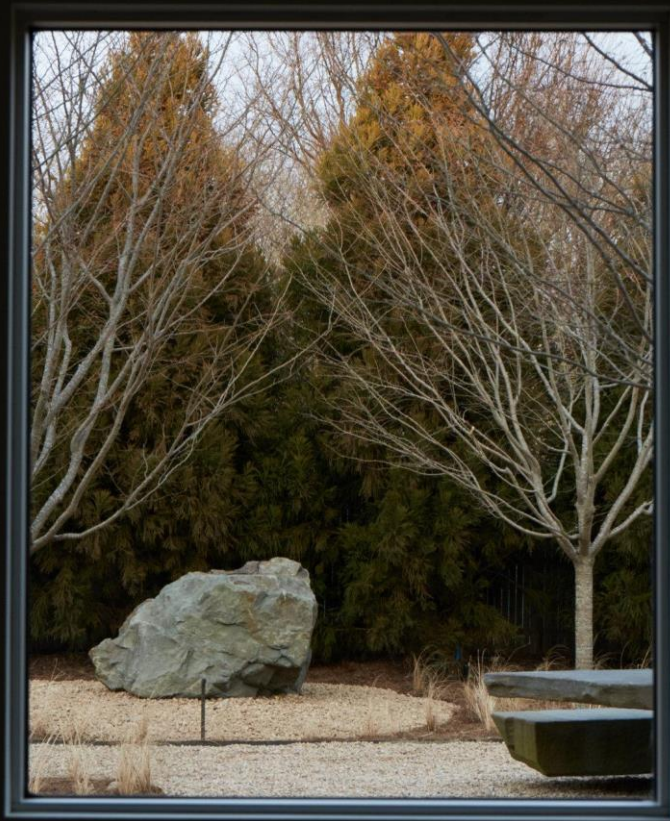
**Set on a tranquil three-acre property on Long Island, the 13-bedroom spa and retreat Shou Sugi Ban House will open in May, offering restorative three-, four- or seven-day stays that include sound baths, plant-rich meals and walks on the nearby dunes. Meditative experiences will be hosted at the tea bar, pictured here.**

Courtesy of Fredrika Stjerne for Shou Sugi Ban House



**Sage, cedar and palo santo meant to clear energy before healing treatments at the wellness center.**

Courtesy of Fredrika Stjarne for Shou Sugi Ban House



**A view of the cherry blossom orchard from  
within the dining room in the main barn.**

Courtesy of Fredrika Stjarne for Shou Sugi Ban House





**The center's healing arts barn, meditation studio and main barn as seen from the spa's roof deck.**

Courtesy of Fredrika Stjarne for Shou Sugi Ban House



**The tea bar shot at twilight.**

Courtesy of Fredrika Stjerne for Shou Sugi Ban House