

Inside The Spa at Topping Rose House, in Bridgehampton.



DETOX & DAZZLE

Head to these upscale spas and salons to indulge in some well-deserved self-care out east this season.

THE SPA AT TOPPING ROSE HOUSE

A treasured boutique hotel in the heart of the Hamptons, Topping Rose House perfectly marries historic charm and modern luxuries. The restored 19th-century Bridgehampton property features 22 guest rooms, a farm-to-table restaurant that seats 75, and an impressive wellness program to ensure guests are relaxed and rejuvenated. The Spa boasts a specially curated menu featuring a Swedish massage, deep-tissue massage, prenatal massage, and customized facial. Or you can join a Pilates C.K.T. class, led by classically trained and certified Pilates instructors. toppingrosehouse.com

WARREN TRICOMI SALON

Celebrity hairstylist Warren Tricomi's eponymous salon offers superior dry cuts, dazzling color, and unparalleled style. With seven locations open across the globe, Tricomi's international clientele craves excellence at their hair salons. With three locations in Manhattan, including the iconic Plaza Hotel flagship, the next locale was obvious: the Hamptons. At the brand's East Hampton outpost, Tricomi continues his legacy of creating coveted hairstyles for Manhattanites seeking refuge from the city. If you plan on heading east this season and are in need of a

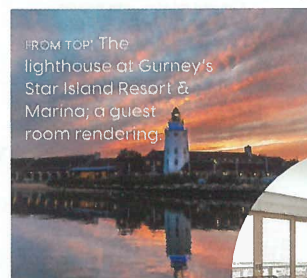
bit of pampering, reserve a chair at Warren Tricomi Salon, and you'll never look back.

warrentricoli.com

SHOU SUGI BAN HOUSE

If you're looking to restore both body and spirit, book a weekend getaway to the first wellness center slated to open in Water Mill this spring. The wabi-sabi-designed retreat sits on three acres of land and will offer a sanctuary for those looking to reflect and focus on self-care. From sound healing to Reiki to yoga and hiking on the beach, the Shou Sugi Ban House is prepared to bring the "simplicity of self" back to the Hamptons. Each day is expected to start with a traditional tea ceremony and end with a fire ceremony. Guests can opt to stay for a multiday restorative retreat or a one-day rejuvenation.

shousugibanhouse.com



FROM TOP: The lighthouse at Gurney's Star Island Resort & Marina; a guest room rendering.



WATERFRONT GETAWAY

Gurney's Star Island Resort & Marina

Dive into the Hamptons at the newest addition to the Gurney's Resorts roster: Gurney's Star Island Resort & Marina, previously known as the Montauk Yacht Club Resort & Marina. Debuting this spring season, and after a \$13 million renovation, the 35-acre marina property will deliver an all-encompassing experience for guests during their stay in Montauk. From fine dining and wellness programming to stellar marina views, the best of the Hamptons will be at your fingertips at this luxury resort.

gurneysresorts.com

EAST END ENTERTAINMENT

Unwind with a refreshing cocktail paired with a mouthwatering meal at these charming outposts.



Southampton Inn



Southampton Social Club



The Palm East Hampton

CLAUDE'S AT SOUTHAMPTON INN

Executive chef James Carpenter joined the award-winning restaurant in 2018 and masterfully reinvented the menu with locally sourced fare. The new musical, theater, and literary lineup was so well received that guests can expect a return this season, featuring performances on the restaurant's one-of-a-kind all-glass baby grand piano. southamptoninn.com/restaurant

SOUTHAMPTON SOCIAL CLUB

Though the entire Southampton Social Club is chic and lovely, if you are looking to host a private spring soiree, head to the Outdoor Cabana Area, The Library, or The VIP Stage. Each space offers a different ambience, each as luxe as the next. The Outdoor Cabana Area has a private entrance and bar, cocktail stations, and four cabanas. southamptonsocialclub.com

THE PALM RESTAURANT EAST HAMPTON

Enveloped in history and charm, The Palm East Hampton is tucked inside the Hunting Inn. Guests enjoy unrivaled service, a sustainable menu featuring premium seafood catches and a rich wine list. Top dishes: Wagyu rib eye steak and veal martini (a family recipe since 1926). thepalm.com/restaurants/east-hampton

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